

# Bring these questions to ask your Primary Care Physician, Cardiologist, or Electrophysiologist at your next appointment.



## Questions for your Primary Care Physician:

1. I have \_\_\_\_\_ symptoms. Could this be atrial fibrillation (AFib)?
2. Do I need to take any diagnostic tests?
3. Should I monitor my heart rate with a heart monitoring device?
4. Am I at risk of stroke?
5. When should I go to the emergency room?
6. Do I need to make any lifestyle modifications?
7. What are my treatment options?
8. Should I see a specialist?

## If you have been diagnosed with AFib:

1. What is causing my AFib?
2. What can I do to prevent my heart from going into AFib?
3. What type of AFib do I have (e.g., paroxysmal, persistent, etc.)?
4. Are there any activities I should avoid?
5. Do I need to make any lifestyle modifications?
6. What is my stroke risk?
7. Am I at risk for any other medical conditions?

## If physician recommends medications:

1. What is the purpose of the medication?
2. Why are you recommending this medication?
3. What happens if I don't take the medication?
4. What should I do if I have side effects from the medication?
5. What should I do if the medication doesn't fulfill its purpose?
6. Will medications cure my AFib?
7. Can I take these medications with

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(insert medication currently prescribed)?

## If medications aren't working:

1. Are there any alternatives to medication?
2. Am I a good candidate for a catheter ablation procedure?
3. Can you refer me to an electrophysiologist?

## Questions for an electrophysiologist:

1. Am I a good candidate for a catheter ablation procedure?
2. How many catheter ablation procedures have you performed?
3. What is the recovery time of the catheter ablation procedure?
4. Will you utilize a Foley (urinary) catheter during the catheter ablation procedure?